

BRATWURST WITH APPLES AND ONIONS

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Ingredients:

2- 3 Apples
1 cup sliced Onions
2 Tablespoons Vegetable Oil
4 Bratwurst Sausages
Salt
Freshly Ground Pepper



Directions:

Peel, quarter, core and slice the apples. Peel, halve and slice the onions.

Heat the vegetable fat in a pan with low heat and fry the sausages until brown. Add the apple and onion slices, cover and braise for about 10 minutes. Season with salt and pepper to taste.

Serving Size: 2-3 servings

Recipe was modified from German Cooking Today, Dr. Oetker